## DO YOUR BEST ON & OFF THE PITCH

Have a positive impact by being a team player, doing your best, and making sure everyone has fun.



## I WILL:

- Always play my best for the benefit of the team.
- Respect the game officials, opponents, and the rules of competition.
- Encourage my teammates and be a positive example to those around me.
- Never engage in offensive, insulting, or abusive language or behavior with anyone.
- Win, lose, or draw, thank the opponent, game officials, and opposing coach.
- Be coachable and willing to learn.
- Talk to someone I trust or the club staff if I'm unhappy about anything at my club.

## I UNDERSTAND THAT IF I DO NOT FOLLOW THE CODE, I MAY BE:

- Substituted from a game or suspended from training, games, and club activities.
- Asked to leave my team or club.





